

Appendix 4 Services that would continue if the proposal is implemented

Prevent: Primary prevention/promoting wellbeing - facilities or resources provided or arranged that may help an individual who has no current particular health or care and support needs.

Universal access to information	• Social Prescribing - a service that is often run through GP practices which connects people to activities, groups and support that improve health and wellbeing. • Wellbeing Services in the Community will continue to have initial contact point for people. • Adult Social Care Connect - initial contact point with social care. • Wellbeing Services for Carers, people with disabilities, dementia and sensory impairment. • Kent Connect to Support – digital platform that provides information advice and guidance
Support safer neighbourhoods	• Community Warden Service - a service that supports residents, particularly people who are elderly and have vulnerabilities to feel safe and supported. • Kent Community Safety Partnership – a partnership that is responsible for community safety in Kent.
Promote healthy and active lifestyles	• One You Kent – a service to help residents make healthy lifestyle changes including to lose weight, stop smoking, get more active or reduce alcohol intake. • Social Prescribing - a service that is often run through GP practices which connects people to activities, groups and support that improve health and wellbeing. • Live Well Kent and Medway - services to support mental health and promote wellbeing, including one-to-one support, groups, advice and activities. • Wellbeing Services in the Community for people assessed as needing medium to higher levels of support. • Adult Social Care Connect - initial contact point for social care which can provide information and connect people with information that promotes health and active lifestyles.

(Prevent: Primary prevention/ promoting wellbeing continued...)

Reduce loneliness or isolation befriending schemes	• Wellbeing Services in the Community for people assessed as needing medium to higher levels of support. • Social Prescribing - a service that is often run through GP practices which connects people to activities, groups and support that improve health and wellbeing. • Live Well Kent and Medway - services to support mental health and promote wellbeing, including one to one support, groups, advice and activities. • Carers Support Services – including carer assessment to determine support required for an unpaid carer, carers direct payments, carer-specific navigation services, carer wellbeing services to improve physical and emotional wellbeing, financial wellbeing support, short breaks, and carer and dementia crisis support. • Wellbeing services for people living with dementia, disabilities and sensory impairment. • Community Warden Positive Wellbeing service - a service that supports residents, particularly people who are elderly and have vulnerabilities, to feel safe and supported and to foster a sense of cohesion and wellbeing. • Adult Social Care Connect – a service helping people find groups and activities that will help social isolation.
Planning ahead for people's futures	• Online Self-Assessment – a service that offers online advice, connecting to resources and support to help live life independently. • Financial Assessment Estimator Tool – an estimator that gives an idea of how much an individual may need to pay towards the cost of their care. • People's Voice (Healthwatch Kent) – a service to promote and empower Kent residents to have a voice in influencing, developing and shaping health and care services. • Adult Social Care Connect - initial contact point for social care which can provide information and connect people with information that promotes health and active lifestyles.

Reduce: Secondary prevention/early intervention - targeted interventions aimed at individuals who have an increased risk of developing needs.

Fall prevention	• Fall Prevention Courses - courses to people who are at risk of or have a history of falling. • Technology Enhanced Lives – a service that provides technologies to help prevent and monitor for falls. • Wellbeing Services in the Community for people assessed as needing medium to higher levels of support.
Adaptions to housing	• Aids and minor adaptations assessed through occupational therapists in social care. • Trusted assessor for small pieces of equipment provided by the redesigned Wellbeing Services in the Community for people assessed as needing medium to higher levels of support. • Disabled Facilities Grant - help towards the costs of making changes to a home so the person can continue to live there. • Home Improvement Agency Service - provide a wide range of services to help maintain independence in a person's home.
Handyman services	• Home Improvement Agency Service - a wide range of services to help maintain independence in a person's home.
Care Technology	• Technology Enhanced Lives Service – a service that provides technologies to help prevent and monitor for falls.

Delay: Tertiary prevention/formal intervention - interventions aimed at minimising the effect of disability or deterioration for people with established or complex health conditions.

Support in a person's own home	• Meeting a person's needs through an assessed package of care and support. • Technology Enhanced Lives Service – a service that provides technologies to help prevent and monitor for falls. • Integrated Community Equipment Service - provision of community equipment for older people and people with disabilities to promote independence, social inclusion, safety and quality of life. • Occupational Therapy - a service to improve people's ability to do everyday tasks if they're having difficulties including moving and handling, enablement techniques, specialist equipment, and adaptations. • Kent Enablement Support Services - a service that supports people to lead as independent and fulfilling a life as possible, by supporting them to learn or re-learn skills and daily life tasks. • Meals to support people to remain in their home and independent.
Respite care	• Short breaks services provided directly by KCC or by externally commissioned providers.
Support for carers (peer support groups like dementia cafés, or emotional support)	• Carers Short Breaks - a service that provides carers with a break from caring. • Emotional support provided by the Wellbeing Services in the Community for carers. • Post Diagnostic Specialist Support in the Community for people with dementia. • KCC Short Breaks services - a range of residential short break services across Kent. • Short Breaks provided by externally commissioned organisations – offering breaks from caring if they are providing care or support to a family member or friend. • Shared Lives - provides people with the opportunity to stay in the homes of individually recruited, trained and approved carers and their families who live in the community.
Rehabilitation / reablement services	• Kent Enablement at Home - a short-term service that supports people to lead as independent and fulfilling a life as possible, by supporting them to learn or re-learn skills and daily life tasks. • Integrated Care Centres - rehabilitation for patients who need help to enable them to return to their own home after illness or injury: West View, Broadmeadow, Westbrook House, Gravesham Place. • Occupational Therapy - a service to improve people's ability to do everyday tasks if they're having difficulties including moving and handling, enablement techniques, specialist equipment, and adaptations.
Community equipment services and adaptations	• Aids and minor adaptations - £1,000 or less. • Disabled Facilities Grant - help towards the costs of making changes to a home so the person can continue to live there. • Integrated Community Equipment Service - provision of community equipment for older people and people

	with disabilities to promote independence, social inclusion, safety and quality of life. • Technology Enhanced Lives Service – a service that provides technologies to help prevent and monitor for falls. • Home Improvement Agency Service - a wide range of services to help maintain independence in a person's home.
Domestic Abuse	• Personalised support delivered to survivors following domestic abuse to avoid escalation of need and increase safety and wellbeing.